

Lactobacillus Fermented Banana Peel: A Potential Modulator of Lipoprotein Metabolism and Lymphocyte Counts in Rats

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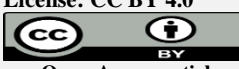
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Abstract	Article History
<p>Elevated blood lipoproteins and compromised immune function are significant health concerns. Despite advances in management, many individuals seek alternative therapies. <i>Lactobacillus</i> fermented banana peel, rich in bioactive compounds, may modulate lipid profiles and immune response. However, its effects on blood lipoproteins and lymphocytes remain unclear, warranting investigation into its potential as a functional food or supplement to mitigate these health issues in rats. This study was undertaken to evaluate the corollary of <i>Lactobacillus</i> fermented banana peel feed additive on blood Lipoproteins and blood lymphocytes of rats. The fermenter used for this study was isolated and characterized using standard microbiological techniques. The effects of the fermented feeds on the rats were determined using <i>in vivo</i> techniques. The fermenter used in the study was identified to be <i>Lactobacillus acidophilus</i> strain DSN20079 (LADSM). The study revealed that there was a significant ($P < 0.05$) decrease in the lipid profiles, CT (131.70 mg/dL) LDC (24.60 mg/dL) HDC-C (69.50 mg/dL) and TG (89.80 mg/dL) compared to the control group: .CT (156.40 mg/dL) LDC (40.15 mg/dL) HDC-C (52.60 mg/dL) and TG (122.15 mg/dL) The blood lymphocyte count showed that the untreated control group of rats had a lymphocyte count of 152.16. Dexamethasone (200 mg/g) significantly reduced it to 113.82 ($P < 0.05$), while levamisole (50 mg/g) increased it to 273.15 ($P < 0.05$). Treatment with 100 mg/g of fermented banana peel raised the count to 279.92, but this change was non-significant ($P > 0.05$) compared to the levamisole group. Therefore, the study concluded that the <i>Lactobacillus</i> fermented banana peel feed additive reduced the lipoprotein levels and increase blood lymphocytes of Albino Wistar rats.</p> <p>Keywords: Banana peel, Lipoproteins, Fermented, <i>Lactobacillus</i>, Lymphocytes</p>	<p>Received: 28 Dec 2025 Accepted: 14 Feb 2026 Published: 19 Feb 2026</p> <p>Scan QR code to view*</p>  <p>License: CC BY 4.0*</p>  <p>Open Access article.</p>
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Introduction

The search for sustainable, nutrient-rich poultry feed ingredients has intensified in recent years due to rising feed costs, environmental concerns, and the growing demand for eco-friendly livestock production systems. Banana peel represent an underutilized nutrient-rich resource. They are composed predominantly of minerals and vitamins (Tesfaye *et al.*, 2017; Iheukwumere *et al.*, 2025a; Dim *et al.*, 2025a). Fermentation using *Lactobacillus* species offers a promising solution to the limitation encountered in most by-products. During fermentation,

Lactobacillus produces hydrolytic enzymes that cleave disulfide bonds, hydrolyze protein chains, and release amino acids and peptides in a form that can be efficiently absorbed by poultry (Karthikeyan *et al.*, 2019; Iheukwumere *et al.*, 2022a; and Nwike *et al.*, 2017). Beyond improving digestibility, the process enriches the feather meal with probiotic bacteria, organic acids, and bioactive compounds that can influence key physiological parameters such as lipid metabolism and immune cell function. The introduction of *Lactobacillus*-fermented banana peel feed additive (LFCFM) in rat diets can positively modulate lipoprotein

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levels. Probiotic *Lactobacillus* strains have been shown to assimilate cholesterol directly from the intestinal lumen, deconjugate bile salts—thereby increasing their excretion—and inhibit the intestinal absorption of dietary cholesterol (Patel *et al.*, 2018). Additionally, fermentation produces short-chain fatty acids (SCFAs) such as propionate, acetate, and butyrate. Propionate, in particular, can suppress hepatic cholesterol synthesis by inhibiting the enzyme HMG-CoA reductase (Hidayat *et al.*, 2021).

Studies have shown that fermented feed additives have consistently shown a reduction in LDL and VLDL levels, alongside an increase in HDL concentration, thereby improving the lipid profile (Safari *et al.*, 2024; Ekechukwu *et al.*, 2025a; Obianom *et al.*, 2024; Dim *et al.*, 2025b). Such changes not only enhance the metabolic efficiency of broiler chickens but also contribute to leaner meat production, which aligns with consumer demand for healthier livestock.

Lymphocytes, comprising B cells, T cells, and natural killer (NK) cells, are central to adaptive immune responses. Their abundance and functionality are key indicators of an animal's ability to resist disease and respond to vaccination. Diets supplemented with LFCFM may enhance lymphocyte production by modulating the gut-associated lymphoid tissue (GALT) through probiotic action (Iheukwumere *et al.*, 2025b, Dim *et al.* 2025c).

Probiotic *Lactobacillus* enhances immune surveillance by improving gut microbiota balance, suppressing the growth of pathogenic bacteria, and stimulating cytokine production. Bacteriocins, lactic acid, and hydrogen peroxide produced during fermentation contribute to pathogen suppression, while *Lactobacillus*-derived metabolites interact with intestinal epithelial cells to trigger immune responses (Sugiharto, 2016; Amadi *et al.*, 2017; Ejike *et al.*, 2017). Hence, this study was undertaken to evaluate the corollary of *Lactobacillus* fermented banana peel on blood lipoproteins and lymphocytes in Albino Wistar rats.

Materials and Methods

Isolation of the Test Sample

The media used for this isolation was de Man Rogosa and Sharpe broth (MRS) (BIOTECH). A 1.0 ml of fermented yoghurt (Aqua yoghurt) and banana extract were aseptically introduced into sterile Petri dishes (90 mm x 15 mm), then 20 ml of MRS which was prepared according to the manufacturers instruction and the procedures described in Cheesbrough (2010), Ekechukwu *et al.* (2025b), Ekesiobi *et al.*, (2025), Ezedianofo *et al.*, (2025a) was added into the plates, allowed to solidified. The plates were incubated in a microaerophilic environment (containing candle used to evacuate all traces of oxygen thereby creating an environment having only carbon IV oxide). The incubation was done for 24 – 48 h at (30±2°C).

Purification of the Isolates

The plate that showed discrete colonies were selected after 24 - 48 h and each colony was aseptically streaked using a sterile wire loop on a sterile poured plate (90mm x 15mm) containing nutrient agar (BIOTECH) prepared according to the manufacturers description. after which it was incubated at their required growth conditions as described by Iheukwumere *et al.* (2020a), Ezedianofo *et al.* (2025b); Idigo *et al.* (2025a), Iheukwumere *et al.* (2025c).

Characterization of the Bacteria Pure Isolates

The pure isolates were characterized using the morphological, biochemical and molecular characteristics as described by Iheukwumere *et al.* (2017a); Iheukwumere *et al.* (2018a), Ike *et al.* (2025a), Iheukwumere *et al.* (2025d).

Morphological characteristics of the Bacteria isolates

The cultural descriptions (size, appearance, edge, elevation, colour) of the isolates were carried out as described in Goldman and Green (2009); Iheukwumere *et al.* (2017b), Iheukwumere *et al.* (2018b), Iheukwumere *et al.* (2020b). The Gram staining technique which revealed the Gram reaction, cell morphology and cell arrangement were also carried out using the procedure described by Cheesbrough (2010), Goldman and Green (2009) Frank and Robert (2015), Iheukwumere *et al.* (2022b), Iheukwumere *et al.* (2023a). The presence or absence of capsule was also carried out as described by Goldman and Green (2009), Ike *et al.* (2025b), Obiefuna *et al.* (2025a). The presence or absence of flagellum was determined by carrying out motility test as described by Cheesbrough (2010), Iheukwumere *et al.*, (2017c), Iheukwumere *et al.* (2018c), Iheukwumere and Iheukwumere (2022a).

Gram staining technique

A thin smear was made in a cleaned grease free microscopic slide (75mm×25mm), air dried heat fixed. The smear was flooded with crystal violet solution (0.2%) for 60 seconds and rinsed with cleaned water. Gram iodine solution (0.01%) was then applied and allowed for 60 seconds. This was rinsed with cleaned water. This was followed by decolourizing the slide content with 95%w/v ethyl alcohol for 10seconds and then rinsed with cleaned water. The smear was then counter stained with safranin solution (0.025%) for 60 seconds, rinsed with cleaned water, blot drained and air dried. The stained smear was covered with a drop of immersion oil and observed under a binocular compound light microscope using × 100 objective lens as described by Iheukwumere *et al.* (2017d); Iheukwumere *et al.* (2020c), Chude *et al.* (2020), Iheukwumere and Iheukwumere (2022b), Iheukwumere *et al.* (2022c).

Motility test: A semi-solid medium prepared by mixing 5.0g of bacteriological agar (BIOTECH) with 2.0g of nutrient broth (BIOTECH) in 1 Litre of distilled water was used. The solution was dissolved and sterilized using autoclaving technique after dispensing 10 ml portion in different test tubes. The test tubes were allowed to set in vertical positions and then inoculate the test organisms by performing a single stab down the centre of the test tube to half the depth of the medium using sterile stabbing needle. The test tubes were kept in an incubator in vertical position at 35±2°C for 24h (Iheukwumere *et al.*, 2017e; Iheukwumere and Iheukwumere, 2022c; Iheukwumere *et al.*, 2022d; Idigo *et al.*, 2025b).

Biochemical characteristics of the isolates

Indole test: Indole is a nitrogen containing compound formed when the amino acid tryptophan is hydrolyzed by bacteria that have the enzyme tryptophanase. This is detected by using KOVAC's reagent. For this test, isolates were cultured in peptone water in 500.0 ml of deionized water. Ten millilitres of peptone water was dispensed into the test tubes and sterilized. The medium was then inoculated with the isolates and kept in an incubator at 37°C for 48 hr. Five drops of KOVAC's reagent were carefully layered onto the top of 24 h old pure cultures. The presence of indole was revealed by the development of red layer colouration on the top of the broth cultures as described by Iheukwumere *et*

al. (2022e), Iheukwumere and Iheukwumere (2022d), Iheukwumere *et al.* (2023b), Egbe *et al.* (2025a), Ike *et al.* (2025c).

Sugar fermentation test: The capability of the isolates to metabolize some sugars (glucose, xylose, ducitol, maltose, arabinose, inositol, mucate and lactose) with the resulting formation of acid and gas or either were carried out using sugar fermentation test. One litre of 1% (w/v) peptone water was added to 3 mL of 0.2% (w/v) bromocresol purple and 9 ml was dispensed in the test tube that contained inverted Durham tubes. The medium was then sterilized by autoclaving. The sugar solution were prepared at 10% (w/v) and sterilized. One milliliter of the sugar was dispensed aseptically into the test tubes. The medium was then inoculated with the appropriate isolates and the cultures incubated at 37°C for 48 h and were examined for the formation of acid and gas. Change in colour from purple to yellow indicated acid formation while gas formation was assessed by the presence of bubbles in the inverted (Iheukwumere *et al.*, 2022f; Iheukwumere and Iheukwumere, 2022e; Egbe *et al.*, 2025b; Idigo *et al.*, 2025c).

Methyl red test: The glucose phosphate broth was prepared according to the manufacturer's direction and the isolates were aseptically inoculated into the sterilized medium. This was incubated at 37°C for 48 hr. After incubation, five drops of 0.4 % solution of alcoholic methyl red solution was added and mixed thoroughly, and the result was read immediately. Positive tests gave bright red colour while negative tests gave yellow colour (Ezedianafo *et al.*, 2025c; Ike *et al.*, 2025c).

Voges-Proskauer test: The glucose phosphate broth was prepared in accordance to the manufacturer's direction and the isolates were aseptically inoculated into the sterilized medium. This was incubated at 37°C for 48hr. After incubation, 1.0 mL of 40% potassium hydroxide (KOH) containing 0.3% Creatine and 3 ml of 5% solution of α -naphthol was added in the absolute alcohol. Positive reaction was observed by the development of pink colour within five minutes (Egbe *et al.*, 2025b; Ekechukwu *et al.*, 2025c).

Citrate utilization test: The Simmon's Citrate Agar was prepared according to the manufacturer's direction and the isolates were inoculated by stabbing directly at the center of the medium in the test tubes and incubated at 37°C for 48 hr. Positive test was shown by the appearance of growth with blue colour, while negative test showed no growth and the original green colour was retained (Idigo *et al.*, 2025d; Ezedianafo *et al.* 2025d).

Catalase test: The test was carried out as described by Cheesbrough (2010). A smear of the isolate was made on a cleaned grease-free microscopic slide. Then, a drop of 30% hydrogen peroxide (H₂O₂) was added on the smear. Prompt effervescence indicated catalase production (Idigo *et al.*, 2025e; Idigo *et al.*, 2025f).

Oxidase test: The test involved two drops of freshly prepared oxidase reagent dispensed on Whatman No. 1 filter paper which was placed in Petri dish, and a smear of the test isolate was made on the spot using a sterile stick. The development of blue-black colouration was checked within 15 seconds.

Urease test: This was carried out as described by Cheesbrough (2010), Idigo *et al.* (2025g) and Idigo *et al.* (2025h). The urea agar slant was prepared in accordance to the manufacturer's direction

and the isolates were aseptically inoculated into sterilized medium. This was incubated at 37°C for 48 h. After incubation, observation was made for the presence of purple-pink colouration.

Molecular characterization of the isolates

Extraction and purification of DNA: All strains were plated on Nutrient Agar (Biotech) and incubated at 37°C for 24 hr. By means of the procedures of Zymo Research (ZR) DNA miniprep™ kit, bacterial genomic DNA was then extracted and purified (Category No. D6005; Irvine, California, USA) as described by Iheukwumere *et al.* (2018) Iheukwumere *et al.* (2025e; Idigo *et al.*, 2025h).

Determination of the quality of extracted DNA: Using mass spectrophotometer (Nanodrop), One micro litre (1µL) was aseptically dropped into a fresh space in the chamber and the chamber was lightly closed which was then linked to a computer system which showed the window that discovered the value of the sample at 260/280nm as described by (Iheukwumere *et al.*, 2018; Iheukwumere *et al.*, 2025f; Idigo *et al.*, 2025i).

Amplification of DNA and gel electrophoresis of PCR

product: This was analysed using Master cycler Nexus Gradient (Eppendorf). A mixture of primer (20 µL), template DNA (20µL), water (72 µL) and master mix (108 µL), which comprises taq polymerase, dimethylsulfoxide (DMSO), magnesium chloride (MgCl₂) and nucleotides triphosphates (NdTPs), was made in 1.5 mL tube and homogenized using vortex mixer (Eppendorf). This was then positioned in the block chamber of the master cycler and then programmed. The PCR program for conditions were as follows: initial incubation at 94°C for 5 mins, followed by 35 cycles of denaturation at 94°C for 15 secs, annealing at 55°C for 15 secs, elongation at 72°C for 21 secs and final extension period for 10 mins at 72°C. The amplified products were electrophoresed in 1.0% agarose gel and a1kb DNA ladder was used as a size reference. After staining with 3µL of nucleic acid stain (GR green), the gel was documented with gel documentation apparatus (Iheukwumere *et al.*, 2018; Iheukwumere *et al.*, 2025g; Idigo *et al.*, 2025j; Idigo *et al.*, 2025k).

DNA sequencing of 16s rRNA fragment:The 16S rRNA amplified PCR products generated from universal primer (16S), was used for the sequencing using ABI DNA sequencer (Applied Biosystem Inc) at International Institute of Tropical Agriculture (IITA), Ibadan using the method of Iheukwumere *et al.* (2018), Iheukwumere *et al.*, (2025h), and Idigo *et al.* (2025l), Idigo *et al.*, (2025m).

Computational Analysis: This was analysed making use of the modified method of Iheukwumere *et al.* (2018), Iheukwumere *et al.* (2025i), Idigo *et al.* (2025n), Iheukwumere *et al.*, (2025j). The chromatograms generated from the sequences were cleaned to obtain regions with normal sequences. The cleaned nucleotides were aligned using pair wise alignment tool. The consensus sequences formed by the alignment of the forward and reverse sequences were used to perform the Basic Local Alignment Search Tool (BLAST) using National Centre for Biotechnology Information BLAST over the internet. The sequences of the isolates with 95% and above similarities were accepted. Also the maximum scores, total scores and accession numbers of the isolates were assessed. The relatedness of the isolates was determined by tracing their phylogenetic tree using DNA distance neighbour phylogenetic tree tool

Preparation of Feed Supplement

Preparation of the banana peel

The banana peel was properly collected from the appropriate sites, washed and air dried. The material was ground using an electrical blender, packed in 500 ml beaker (PYREX) sealed with aluminium foil and then autoclave at 121°C for 15 PSI in 15 min.

Fermentation Process

This was carried out using the modified method of Iheukwumere *et al.* (2022), Iheukwumere *et al.* (2025k), Iheukwumere *et al.* (2025l). After autoclaving, a 100 g of the sterile sample was weighed into another 250 ml beaker (PYREX) using analytical weighing balance, which was properly sterilized using electric oven at 180°C for 2 h, This was then inoculated with the fermenter (10 ml) prepared and diluted to a turbidity that matched 0.5 MacFarland standard that was prepared by mixing 0.6mL of 1% BaCl₂. 2H₂O and 99.4 mL of 1% Conc. H₂SO₄. This was allowed for 7 days.

Storage and packaging

After fermentation, the fermented samples were aseptically dried using an electric oven at 80°C for 7days. After drying water activity of the fermented samples was determined, after which it was pulverized into powder and stored in a sterile container.

Moisture Content Determination

A crucible was dried, cooled, and weighed (initial weight recorded as W₁). Then, 2.0 grams of the sample was added to the crucible, and its weight was recorded as W₂. The crucible with the sample was heated in an oven at 105°C for 4 to 6 hours. After heating, the final weight of the crucible and its contents was measured (final weight recorded as W₃). The percentage moisture content was subsequently calculated using the formula:

$$\% \text{ moisture content} = \frac{W_2 - W_3}{W_2 - W_1} \times \frac{100}{1}$$

Experimented Chicks: A total of twenty four (24) broiler chicks (3 weeks old) were purchased from poultry market located at Ihiala market, Ihiala L. G. A. in Anambra State were used for the study. The chicks were kept in separate, thoroughly cleaned and disinfected house and provided with feeds and water ad libitum. All the chicks were vaccinated against Newcastle disease using Lasota vaccine strains at 6 and 19 days of age, against infectious bronchitis using live H120 strain at 6 days old and also against avian influenza (A1) disease using inactivated H5N1 virus vaccine strain at 7 days old. All the vaccines were given via eye drop instillation except (A1) vaccine, which was given through the subcutaneous route at the back of the neck from the folder report collected from the poultry farmer.

Feed Additive

The fermented groundnut chaff was mixed with fish meal and the feed in a ratio of 1:20. This mixture was properly and thoroughly mixed and administered to the chicks. The chicks were divided into two groups (A and B). Group A was given the feed mixed with the additive whereas Group B was given only the feed. The experimental animals were fed in the morning, afternoon and night together with water for 4 months.

Lipoproteins: The determination of blood lipoproteins, total cholesterol, and triglycerides was conducted using standard laboratory procedures. Blood samples were collected from the rats and centrifuged to separate the serum. The serum was then analyzed for total cholesterol, triglycerides, and lipoprotein profiles (HDL,

LDL, VLDL) using enzymatic colorimetric methods. Cholesterol oxidase-peroxidase method was used for total cholesterol determination, while glycerol phosphate oxidase method was used for triglycerides. LDL-cholesterol was calculated using Friedewald's formula: LDL = Total Cholesterol - (HDL + Triglycerides/5). VLDL-cholesterol was estimated as Triglycerides/5. The assays were performed using commercial kits according to manufacturer's instructions. Results were expressed in mg/dL (Iheukwumere *et al.*, 2025m; Iheukwumere *et al.*, 2025n).

Experimental Protocols for the *In vivo* Models: A total of 36 broiler chicks were used for this study. The broiler chicks were grouped into six groups, and each group comprises 6 chicks. . A 0.5 g/100 g of fermented corn mixed with fish meal was orally administered to each of group of broiler chicks, and the remaining group was giving only feed and water as control group. The body weights and blood absolute lymphocytes were assessed from the blood samples drawn from the chicks after 11 days.

Statistical Analysis: The data obtained in this study were presented in tables and figures. Their percentages were also calculated. The sample means and standard deviations of some of the analytical data were also calculated. The significance of this study was determined at 95% using one way analysis of variance (ANOVA). Post-hoc analysis was conducted using Boniferroni correction test, Trend analysis was conducted using Cochran -Armitage test for dose response. Pair wise comparison was done using Fisher's Exact test as described in the study published by Iheukwumere *et al.* (2018), Idigo *et al.*, (2025o), Idigo *et al.* (2025p), Idigo *et al.* (2025q), Idigo *et al.* (2025r), Idigo *et al.* (2025s), Idigo *et al.* (2025t), Manasseh *et al.* (2025).

Results

The cultural and morphological characteristics of the fermenter (Isolate P) were determined. The isolate appeared as cream-white colonies on MRS agar with low-convex elevation and smooth edges. Microscopically, the cells were Gram-positive rods, non-spore forming, and non-motile. These characteristics are typical of *Lactobacillus* species. The biochemical characteristics of Isolate P were assessed. The isolate was catalase-negative, citrate-negative, oxidase-negative, and urease-negative, consistent with *Lactobacillus* species. It fermented glucose, lactose, maltose, fructose, and some other sugars, suggesting a profile typical of *Lactobacillus acidophilus*. Based on these tests, the isolate was identified as a *Lactobacillus* species. Nucleic acids were extracted from Isolate P with a concentration of 142.40 µg/mL and a 260/280 ratio of 1.83, indicating relatively pure DNA. Molecular identification via sequencing showed 100% identity to *Lactobacillus acidophilus* strain DSM20079, confirming the isolate as *L. acidophilus* (p < 0.001, E-value = 0.0).

The blood lipoproteins of the fermented banana peel significantly (P<0.05) reduced the lipid profile levels of the test group of rats compared to the control group, as shown in Table 5. The total lymphocyte level of the rats showed that the mean lymphocyte count of the untreated control group was 152.16, but the administration of dexamethasone (200 mg/g), which is an immunosuppressant, revealed a significant (P<0.05) reduction in the lymphocyte count (113.82) compared to the untreated control group. Also, when the control group was treated with levamisole (50 mg/g), there was a highly significant (P<0.05) increase in the lymphocyte count (273.15) compared to the normal control group. But when the test group was treated with 100 mg/g of banana peel there was an increase in the lymphocyte count (271.86) compared to the normal control group, but this was non-significant (P>0.05) to the control group treated with levamisole as shown in Table 6.

Table 1: Cultural and morphological characteristics of the fermenter

Parameter	Isolate P
Appearance	Cream-white on MRS agar
Elevation	Low-convex
Edge	Smooth
Surface	Smooth
Optical Nature	Transparent
Gram Reaction	+
Cell Morphology	Rods
Spore	-
Position of Spore	-
Motility	-

++ Positive; - = Negative

Table 2: Biochemical characteristics of the fermenter

Parameter	Isolate P
Catalase	-
Citrate	-
Oxidase	-
Urease	-
Gelatin	-
Methyl Red	-
Voges Proskauer	-
Glucose	+
D-mannitol	+/-
Lactose	+
Maltose	+
Xylose	-
Inositol	+/-
Fructose	+
Sorbitol	-
Trehalose	+/-
Dulcitol	+/-
Possible Isolate	<i>Lactobacillus</i> species

Table 3: Authentication of nucleic acids extracted from the fermenter

Sample ID	Nucleic Acid Conc. (µg/mL)	260 nm	280 nm	260/280
P	142.40	3.1915	1.7440	1.83

Table 4: Molecular identities of the fermenter

Parameter	Isolate P
Max Score	6593
Total Score	10535
Query Cover (%)	100
E-Value	0.0
Identity (%)	100
Accession Length	2009973
Accession Number	CP020620.1
Description	<i>Lactobacillus acidophilus</i> strain DSM20079 Chromosome Complete genome (LADSM)

Table 5: lipid profiles of rats

Parameter (mg/dL)	Control group	Test group
CT	158.40	131.70
LDL- C	40.15	24.60
HDL- C	52.60	69.50
TG	122.15	89.80

Table 6: Total lymphocyte level

Group	Dose (mg/g)	Mean lymphocytes
Control (Normal)	-	152.16 ± 1.02
Control (Dexamethasome)	200	113.82 ± 1.12
Control (Levamisole)	50	273.15 ± 1.21
Test	100	279.92 ± 1.01

Discussion

The cultural, morphological, and biochemical characteristics of Isolate P were consistent with *Lactobacillus* species, as reported by other researchers (Adeyemo *et al.*, 2018; Oboh *et al.*, 2012). The isolate's Gram-positive rods, non-spore forming, and non-motile nature aligned with typical *Lactobacillus* profiles (Million *et al.*, 2012). Biochemical tests indicated fermentation patterns typical of *Lactobacillus acidophilus*, corroborating findings by Kadooka *et al.* (2010). Molecular identification confirmed Isolate P as *Lactobacillus acidophilus*, showing 100% identity to *L. acidophilus* strain DSM20079. This aligns with studies using 16S rRNA sequencing for *Lactobacillus* identification (Awojobi *et al.*, 2016; Okunola *et al.*, 2019). The high purity DNA (260/280 ratio = 1.83) ensured reliable sequencing results.

The results of the blood lipoprotein revealed that the *Lactobacillus* fermented feather supplement was able to reduce the lipid levels of the rats, and these findings corroborated with the findings of many researchers (Alahayaribeik *et al.*, 2022; Xu *et al.*, 2023; Yu *et al.*, 2024) who evaluated the effect of *Lactobacillus* banana peel additive on the lipid profile of rats. The results obtained from the study revealed that *Lactobacillus* banana peel additive significantly improved the production of blood lymphocytes in the lymphoid organ and this was in line with the findings of most researchers (Zhu *et al.*, 2020; Hossain *et al.*, 2025; and Safri *et al.*, 2025) who investigated the effect of *Lactobacillus* banana peel additive on blood lymphocytes of rats, but findings disagree with the findings of Cabel *et al.* (1998) and Sjoftan *et al.* (2021) who reported that fermented banana peel additive did not affect blood lymphocytes.

Conclusion

This study has shown that that *Lactobacillus* fermented banana peel additive showed a significant decrease on the blood lipoproteins, and increase in lymphocytes counts of Albino Wistar rats. Hence, it could be used as an animal feed.

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