





# Cross-sectional Study of Multiple Antibiotic-resistant *Streptococcus suis* in Pigs and Environs

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Abstract	Article History
<p><i>Streptococcus suis</i>; a dominant specie found in pigs and environs, has been receiving drastically attention not only in causing human infections but also for its involvement in antibiotic resistance, of which 80% of these resistant genes are encoded in the plasmid. This study was undertaken to evaluate the resistance of different strains of <i>Streptococcus suis</i> isolated from the pigs and environs against conventional antibiotics. Samples were collected from different anatomical sites of the pigs and their environs and screened for the presence of <i>Streptococcus suis</i> using standard microbiological techniques. The resistant strains were detected by subjecting the isolates to an antibiotic susceptibility test using the disk diffusion method. The study revealed the presence of <i>Streptococcus suis</i> Q, <i>Streptococcus suis</i> R, <i>Streptococcus suis</i> S and <i>Streptococcus suis</i> Y, of which 24.14%, 100.00%, 41.67% and 39.23% of isolates Q, R, S and Y respectively that were resistant to antibiotics; 64.29%, 100.00% and 63.64% were multiple antibiotic resistant (MAR) strains, and 61.76% of the resistant strains had MAR index greater than 0.2. From the above study, different strains of multiple antibiotic-resistant <i>Streptococcus suis</i> were isolated from pigs and environs, of which isolate Q was most predominant, especially in nasal samples.</p> <p><b>Keywords:</b> <i>Streptococcus suis</i>, Multiple antibiotic-resistant <i>Streptococcus</i>, Antibiotic resistance, Human infections</p>	<p>Received: 07 Feb 2022 Accepted: 15 Mar 2022 Published: 29 Mar 2022</p> <p>Scan QR code to view*</p>  <p>License: CC BY 4.0*</p>  <p>Open Access article.</p>
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## Introduction

Studies have shown that pigs suffering from other bacterial and/ or viral infections of the upper respiratory tract are more susceptible to Streptococcal infection, particularly *S. suis* infection (Chabot-Roy *et al.*, 2006; Lin *et al.*, 2015; Meng *et al.*, 2015). In humans, especially advanced age and pre-existing medical conditions that suppress the immune system, streptococcal infections are usually symptomatic (Ma *et al.*, 2008; Gnenier *et al.*, 2009). Also, the interactions of *S. suis* with the mucosal immune system and evasion of innate immune defense mechanisms are concila for induction of disease. *S. suis* has several immune evasion strategies such as expression of polysacchanide capsule to prevent phagocytosis-dependent killing mechanisms (Yonykiettrakul *et al.*, 2019) or biofilm formation which may protect *S. suis* from antimicrobial substances (Bojarska *et al.*, 2016). The prophylaxis and treatment of emerging zoonotic streptococcal infections in agriculture and health care setting mainly rely on antibiotics, and these antibiotics such as Meta Lactam (Penicillins, cephalosporins) and fluoroguinones (Ciprofloxacin) are the same in both pigs and humans (Yongkiettrakul *et al.*, 2019). However, the continuing use of these antibiotics contributes to the emergence and widespread of antibiotic-resistant strains. The increase in these resistant strains isolated from pigs and humans have been reported from many countries in America, Asia and Europe (Yongkiettrakul *et al.*, 2019). Notably, resistant *S. suis* has been identified as a reservoir for antibiotic resistance genes which can be transferred horizontally to streptococcal human pathogens such as *S. pyogenes*, *S. pneumonia* and *S. agalactiae* (Yongkiettrakul *et al.*, 2019).

Meanwhile, the knowledge of antibiotic susceptibility pattern of bacterial pathogens is required for overcoming the antimicrobial resistance pattern, and it involves geographical variation, the information of antibiotic susceptibility of *Streptococcus* species, majorly *S. suis* strains in Nigeria especially in Anambra State is limited if there is actually any documented report at all. Several studies from other parts of the world have revealed that antibiotic resistance associated with *Streptococcus species* is plasmid-mediated (Iheukwumere *et al.*, 2020). Therefore, the need for reversion using natural products from the botanical origin, which is cost-effective, ecofriendly and easily available in the environment to restore the hope of pig farmers toward achieving their goals, and to minimize antibiotic-mediated streptococcal infection in humans, will be ultimate success to be attained and calls for a scientific approach..

## Materials and Methods

**Study Area:** The study was carried out in Ihiala LGA Anambra state. Ihiala is situated at Latitude 5.85°N and Longitude 6.86°E, with an elevation of 144 m above sea level. It is located 48 Km North of Owerri and 40Km South of Onitsha. It covers an area of 304 SqKm and is bounded by Ogbaru (in Ogbaru LGA, Anambra state) on the West, Ozubulu (in Ekwusigo LGA, Anambra State), Ukpok and Osumenyi (in Nnewi south LGA Anambra state) in the North and in the South by Egbuoma, Ohakpu, Ozara and Oguta in Egbema/Oguta LGA of Imo state. Ihiala has a tropical climate (rainy and dry seasons) with double maximal rainfall. The rainy season is between April and

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October, and the dry season is between November and March. The annual rainfall ranges from 1800 mm to 2000 mm. The major anthropological activities are farming/agriculture and trading, of which Pig farming is one of the major farming practices. In this study, samples were collected from the major towns in Ihiala LGA, which included Amorka, Azia, Lilu, Okija, Mboisi, Isseke, Orsumoghu, Ubuluisuzor and Uli.

**Isolation of test organisms from the samples:** The prepared samples (pork, pig droppings and pig feeds) were aseptically grown in blood agar (BIOTECH) which was prepared according to the manufacturer's instructions and the procedures described in Cheesbrough (2010) and Frank and Robert (2015). The nasal samples were aseptically streaked in sterile poured blood agar plates (90 mm×15 mm) as described by Frank and Robert (2015). The same blood agar was used for the collection of air microbes using sedimentation techniques as described by Tshokey *et al.* (2016) and Hass *et al.* (2017). The cultured plates were carefully placed inside the bacteriological incubator (ST×B128) in an inverted position, and incubated at 35±2°C for 24 h.

**Purification of the Isolates:** The plates that showed discrete colonies were selected after 24 h, and aseptically streaked each colony on a sterile poured plate (90mm×15mm) containing nutrient agar (BIOTECH) prepared according to the manufacturer's description. The streaked plates were placed in a bacteriological incubator in inverted positions and incubated at 35±2° C for 24 h as described in Cheesbrough (2010) and Goldman and Green (2009). The purified isolates were characterized based on the morphological and biochemical of the isolates as described by Iheukwumere *et al.* (2018).

**Preparation of test isolate:** The test isolates were prepared using the method described by Iheukwumere *et al.* (2017). The isolates were aseptically subcultured into a broth culture and incubated at 35±2° C for 24 h. The broth culture of each isolate was centrifuged using an electric centrifuge. The sediment from each culture was diluted to turbidity that matched 0.5 Macfarland standard that was prepared by mixing 0.6ml of 1% BaCl<sub>2</sub> 2H<sub>2</sub>O and 99.4 mL of 1% Conc H<sub>2</sub>SO<sub>4</sub>. The prepared isolates were standardized by comparing the absorbance with that of 0.5 Macfarland standards at 640 nm using a UV/visible spectrophotometer.

#### **In vitro activity of conventional antibiotics against the isolates using disc diffusion method**

The susceptibility of the isolates to the conventional antibiotics was carried out by the disc diffusion method on Mueller Hinton agar. A sterile swab was used to inoculate the suspension of the isolate on the prepared and dried Mueller Hinton agar plate evenly. It was then allowed to stay for 5 minutes. A sterile forceps was used to place the commercially prepared antibacterial discs on the inoculated plates. Within 30 minutes after applying the disc, the plates were incubated at 37°C for 24 h. Meter rule was used underside of the plates to measure the diameter zones of inhibition in millimeter.

#### **Data Analysis**

The data obtained in this study were presented in tables and figures. Their percentages were also calculated. The sample means and standard deviations of some of the analytical data were also calculated. Chi-square ( $\chi^2$ ) was used to determine the significance of the sample sources, susceptibility patterns and degree of resistance of the isolates at 95% confidence level. The significance of the prevalence of the isolates in the studied samples was determined at 95% using a one-way analysis of variance (ANOVA). A pairwise comparison was carried out using the student "t" test.

## **Results**

### **Conventional Antibiotic Susceptibility Patterns of the Isolates**

The study showed that 66.02% of the total isolates were susceptible to conventional antibiotics whereas 33.68% were resistant. The study also revealed that 100% of isolate R were resistant followed by isolate Y, S and Q showed resistance to the conventional antibiotic. The data obtained from this study showed a statistical significance difference ( $P < 0.05$ ) between the strain of bacterial isolates and susceptibility patterns to conventional antibiotics as shown in Table 1.

### **Degree of Resistance Exhibited By the Isolates**

The present study showed that 32.35% of the resistance bacterial isolates (SAR) whereas 67.65% exhibited multiple antibiotic resistance (MAR). It was

observed that 100% of isolate R exhibited MAR (Table 2). The study further showed that there was an association between the strains of the organism and the degree of resistance exhibited against conventional antibiotics as the data obtained from the study were statistically significant ( $\alpha = 0.05$ ).

### **Multiple Antibiotic Resistance (MAR) Indices of the Isolates**

The study showed that the isolates exhibited varying MAR indices ranging from 0.1 to 0.7 as shown in Table 3. The isolates exhibited MAR indices of 0.1 to 0.7 except isolate R which exhibited MAR index of 0.3, 0.6, and 0.7. Isolate Q, R and Y exhibited the MAR index of 0.7 where the maximum degree of resistance was attained in this study. Therefore, the four isolates exhibited high MAR index as their MAR index exceeded 0.2.

**Table 1:** Conventional antibiotic susceptibility patterns of the isolates

Isolate	N	Susceptibility Strain (%)	Resistance Strain (%)
Isolate Q	58	44 (75.86)	14 (24.14)
Isolate R	4	0 (0.00)	4 (100.00)
Isolate S	12	7 (58.33)	5 (41.67)
Isolate Y	28	17 (60.71)	11 (39.23)
TOTAL	103	68 (66.02)	34 (33.68)

**Table 2:** Degree of resistance exhibited by the isolates

Isolate	NR	SAR (%)	MAR (%)
SSS10	14	5 (35.71)	9 (64.29)
SS347	4	0 (0.00)	4 (100.00)
SS9401240	5	2 (40.00)	3 (60.00)
SSINT-10	11	4 (36.36)	7 (63.64)
Total	34	11 (32.35)	23 (67.65)

$\chi^2(2.19) < CV(7.81); \alpha > 0.05$

**Table 3:** Multiple antibiotic resistance (MAR) indices of the isolates

Mar Index	Isolate Q (%) n=14	Isolate R (%) n=4	Isolate S (%) n=5	Isolate Y (%) n=11
0.1	5 (35.71)	0 (0.00)	2 (40.00)	4 (36.36)
0.2	1 (7.14)	0 (0.00)	1 (20.00)	0 (0.00)
0.3	3 (21.43)	1 (25.00)	0 (0.00)	2 (18.18)
0.4	0 (0.00)	0 (0.00)	1 (20.00)	0 (0.00)
0.5	1 (7.14)	0 (0.00)	1 (20.00)	3 (27.27)
0.6	3 (21.43)	1 (25.00)	0 (0.00)	1 (9.09)
0.7	1 (7.14)	2 (50.00)	0 (0.00)	1 (9.09)

## **Discussion**

The resistance of different strains of *Streptococcus suis* isolated from the pigs and environs against the conventional antibiotics observed in this study agrees with the findings of many researchers (Palmieri *et al.*, 2011; Huang *et al.*, 2016; Hernandez-Garcia *et al.*, 2017; Libante *et al.*, 2019; Yongkietrakul *et al.*, 2019; Segura *et al.*, 2020). Palmieri *et al.* (2011) reported that resistance to antibiotics could be attributed to the massive use of antibiotics in piggery industries either for growth promotion, prophylaxis or therapy and these attributes to the emergence and spread of antibiotic resistance. They also reported resistance of *Streptococcus suis* against tetracycline, macrolides, aminoglycosides, chloramphenicol, and cadmium salts. The above findings also corroborate with the findings of Hernandez-Garcia *et al.* (2017) and Yongkietrakul *et al.* (2019) who reported that the recent *S. suis* isolates have become resistant to all classes of antibiotics used in pigs. Isolate R showed 100% resistance to the conventional antibiotics and this confirms the report of Hernandez-Garcia *et al.* (2017) who pointed out that those *S. suis* isolated from non-clinical cases are more resistant than those isolated from clinical cases. Yongkietrakul *et al.* (2019) reported commensal sites (non-clinical sites) were the sites of transmission of *S. suis* resistance strains to other pigs.

The occurrences of more multiple antibiotic resistance (MAR) strains of *S. suis* than single antibiotic resistance (SAR) strains observed in this study corroborated with the findings of Haung *et al.* (2016), Huang *et al.* (2019) and Yongkietrakul *et al.* (2019), Hernandez-Garcia *et al.* (2017) reported that the existence of multiple antibiotic resistance (MAR) was due to endogenous resistome such as ribosomal protection genes, gene for methylase mediated target site modification and exogenous genetic elements such as integrative and conjunctive elements, transposons, genomic islands phases and chimeric elements.

The varying MAR indices ranging from 0.1-0.7 exhibited by the studied isolates supported the report of Huang *et al.* (2016) who considered *S. suis* as a niche for antimicrobial resistance and represents a high risk of transmission of resistance to other pathogens. Libante *et al.* (2019) made comprehensive research in existence identification of antimicrobial resistance genes present in *S. suis* and found out that high MAR almost occurred in the organism. The occurrences of high MAR index (> 0.2) in this study calls for urgent attention and intervention.

## Conclusion

The present study has shown that *Streptococcus suis* strain Q, *Streptococcus suis* strain R and *Streptococcus suis* strain S and *Streptococcus suis* strain Y were the implicated isolates in the nasal, pork, pig droppings, pig feeds and bioaerosol samples. The isolates exhibited different degrees of resistance to the conventional antibiotics of which multiple antibiotic resistant (MAR) strains were predominant.

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